

The waitlist as space!

Therapeutic Volunteer Program (TVP

<u>What is TVP?</u>

It is a monthly monetary supplement (either \$100 or \$50) to support people in volunteering in the community; for clothes and/or shoes to wear to work, for going out for lunch, for transportation, and other costs. People on TVP will receive it for 12 months as long as the commitment is fulfilled.

Who can sign-up?

Anyone with Mental Health challenges in Burnaby who can be referred and who wishes to volunteer for a nonprofit organization. If you have been on TVP before, you must wait 12 months after finishing before going back on the waitlist.

What do I have to do?

You have a choice in where you volunteer in the community, and you can choose to volunteer 10 hours a month for \$100, or 5 hours a month to receive \$50.

You will need to have to find a volunteer position either on your own or with the ECHO staff, and then send in a monthly timesheet, signed by your volunteer supervisor to show <u>Contact the Vocational</u> <u>Coordinator,Dawn for more</u> <u>information!</u>

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that you have completed your hours.