



Canadian Mental  
Health Association  
Vancouver-Fraser  
Mental health for all

Association canadienne  
pour la santé mentale  
Vancouver-Fraser  
La santé mentale pour tous

## COVID-19 RECOVERY PHASE COMMUNICATION

**To:** Our valuable members and service partners

**From:** ECHO Clubhouse

**Date:** Jan 20<sup>th</sup> 2023

**Re:** ECHO Clubhouse Services: COVID-19 Recovery Phase Update and Service Plan 2023

ECHO Clubhouse is committed to providing our members with the range of supports and services they require as we continue to move forward in the recovery phase of COVID-19. In order to accomplish this, we have implemented several new changes in addition to our established precautionary adaptations. These changes include:

### Masks

At the Clubhouses: To attend the Clubhouse everyone is **mandated to wear a procedural mask** this includes staff, members and visitors. You will be provided a procedural mask upon arrival at the clubhouse. This applies to both vaccinated and unvaccinated people.

Community Programs: When doing activities out in public whether indoors or outdoors, clients are required to follow the same guidelines that are in place for those settings. If you are attending a program with no mask guidelines it is therefore your own personal choice and we encourage everyone to be respectful of each individual choice/comfort levels.

### Vaccine Passports

Members are **not** required to have a vaccine passport to access Clubhouse services. If you need support requiring your vaccine passport please reach out to staff. To register for your vaccine passport please follow steps at the following link: <https://www2.gov.bc.ca/gov/content/covid-19/vaccine/proof>

Staff & Visitors (a family/friend of a member, professionals, delivery person etc.) to the clubhouse are required to be vaccinated or show proof of vaccination to staff before entering.

### Physical Distancing

It is not required to keep 2m distance from one another. However, it is important to respect other people's personal space and comfort levels during this time.

### Screening

Staff and members are required to be screened before entering the clubhouse. If you know you are unwell please stay at home and monitor your symptoms. Check in with staff if you have any concerns or call 811. Symptoms to be aware of include a persistent cough, loss of taste/smell, fever/chills, vomiting or diarrhea.

### Hand Washing

Staff and members will all be encouraged to wash hands before and during programs. Hands can be washed at the MAC sink area or in the restrooms. Hand sanitizer will be accessible around the Clubhouse.

### Clubhouse Cleaning

Staff will continue to clean the Clubhouse before and after each program. Members are also encouraged to clean the area in which they are seated.

### Use of Appliances

Members are now welcome to use appliances without staff support. Wipes and hand sanitizer will be stationed at each appliance area. Appliances include coffee machine, water machine, board games, computers, photocopier etc. We encourage members to not crowd around these areas, please queue.





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### **Kitchen Access**

Access to kitchen will remain in place only for staff or ambassadors supporting programs this includes the oven and microwave. If you need something from the kitchen please ask a staff person on site for assistance.

### **Eating**

Eating meals in the clubhouse is only permitted during designated programs as we want to ensure masks are worn as much as possible. You are still permitted to drink beverages or eat snacks once you put your mask back on after each sip/bite.

### **Program Booking**

The booking system currently operating will remain in place going forward for most programs. To attend programs, you must register with a staff person by phone, email, text or in-person. Registration for programs opens at the end of each month for the upcoming month.

### **Capacity at Programs**

The number of members now attending programs will depend on the location and type of program being offered rather than COVID limitations. Numbers for each program will vary.

Members capacity at Edmonds is 30 & Metrotown 15.

### **Virtual Programs**

Virtual programming through zoom will continue every month through a variety of program options.

### **Outdoor & Community Programs**

Every month outdoor and community programs will continue to be offered. Please note, some community programs may require a vaccine passport and this requirement will be clearly communicated on our monthly calendar.

### **Drop-in Times**

All programs are once again booking only. If you wish to attend the Clubhouse for any reason such as to chat with a staff person, use the computer etc, you are recommended to book a time with a member of the team beforehand.

### **Members Re-Engaging in the Clubhouse**

We recognize a number of members who once regularly engaged in the Clubhouse reduced their attendance or stopped when the pandemic began. We hope that with improvements in cases, vaccinations being given and reduced restrictions you will feel more comfortable to reengage with Clubhouse services. If you are wanting to reengage please reach out to a member of the team who will create a support plan to reintegrate you back into the Clubhouse.

### **BC Vaccine Registration**

If you have not yet registered for a vaccine you are not too late. Health authorities welcome anyone to get their vaccine when they are ready. This will help keep you and others safe. Steps on how to register are listed here: <https://www2.gov.bc.ca/gov/content/covid-19/vaccine/register>

If you have concerns, questions or need support in registering the ECHO team would be happy to support you.

In collaboration with Fraser Health, we will continue to monitor our members' needs, services, programs, and the adaptive actions required for delivering service during the COVID 19 recovery phase.

Date of next update: Following any changes made by the Public Health Officer or Fraser Health Authority

If more information is needed, please contact:

- Darren Quinn, Team Lead, on 604 902 6881 or [darren.quinn@cmha.bc.ca](mailto:darren.quinn@cmha.bc.ca) or
- Clubhouse staff at 604-526-9606 or email [Echoclubhouse@cmha.bc.ca](mailto:Echoclubhouse@cmha.bc.ca)

