Canadian Mental Health Association
Vancouver-Fraser
Mental health for all

Association canadienne pour la santé mentale
Vancouver-Fraser
La santé mentale pour tous

COVID-19 RECOVERY PHASE COMMUNICATION

To: Our valuable members and service partners
From: ECHO Clubhouse
Date: 21st April 2021
Re: ECHO Clubhouse Services: COVID-19 Recovery Phase Update and Service Plan Spring 2021

ECHO Clubhouse is committed to providing our members with the range of supports and services they require as we continue to move forward in the recovery phase of COVID-19. In order to accomplish this, we have implemented several new changes in addition to our established precautionary adaptations. These changes include:

Keeping our physical space safe for in-person services

- Max number of people on site is 10 (inc. staff).
- Physical distancing of 2m apart is in place and monitored.
- There is 1 door of entry and a separate for exit to avoid cross over.
- Staff support members in providing tea, coffee, water, food and utensils to limit touch areas.
- Kitchen area is only accessed by staff.

Providing a range of engagement options for clubhouse programs

- Scheduled 1-1 appointments with a staff member either in-person, by phone or video call are available. Staff are happy to accommodate each person's comfort level of support.
- Programming is operating in the Clubhouse, virtually & community.
- Virtual groups are held each month by zoom to provide members who aren't yet comfortable to come to the Clubhouse the opportunity to engage in programs and connecting with members.
- Community activities are held each month and are facilitated by either staff or a member leader. These activities are a great opportunity for members to connect with the Clubhouse who are not comfortable being indoors with others or don't have access to virtual supports.
- Please note all programs require sign up. There are currently no drop-in options.

Continuing with screening, cleaning, and safety precautions

- Staff are screened twice a day when on shift.
- Staff will complete COVID-19 screening questions with each member before accessing programs.
- Staff are required to wear masks at all times, to wear gloves when carrying out certain tasks and will wash/ sanitize hands regularly throughout programming.
- Cleaning of the Clubhouse is done before and after each programming. This includes all high touch areas, member areas and all dishes.
- Members will be asked to wash or sanitize hands before entry to Clubhouse.
- Members are required to wear procedure masks when in the clubhouse or participating in programming.
- Attendance records are kept of all people who enter the Clubhouse or engage in activities.
- Currently no meals are being served or allowed in the clubhouse.

In collaboration with Fraser Health, we will continue to monitor our members' needs, services, programs, and the adaptive actions required for delivering service during COVID 19 recovery phase.

Date of next update: Following any changes of restrictions made by the Public Health Officer.

If more information is needed, please contact:

- Darren Quinn, Team Lead on 604-992-6881 or email Darren.quinn@cmha.bc.ca or
- Clubhouse staff on 604-526-9606 or email echoclubhouse@cmha.bc.ca

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