

# W.A.V.E PROGRAMS

*Work. Aspirations. Volunteer. Education.*



**Career Development Workshops:** Through presentations, discussions, role play scenarios and sharing experiences, you will have an opportunity to learn about a variety of career-related educational topics.

**Professional Practice:** This engaging and hands-on experience will put those transferable resume skills into practice by participating in activities and games designed to help you feel more confident in your job, education or volunteer positions!

**W.A.V.E Workspace:** 1 on 1 staff support for resume and cover letter adjustments and creation, job searches, exploring education opportunities, career planning, vocational goal setting, creating work-life balance plans and more!

**IF YOU WOULD LIKE TO BE ADDED TO THE ECHO VOCATIONAL PROGRAM EMAIL LIST, PLEASE REACH OUT TO JENNIFER, THE VOCATIONAL COORDINATOR.**

*EMAIL: JENNIFER.RICHARDSON@CMHA.BC.CA*

*PHONE: (778)387-8485*

