

**To:** Our Valuable Members and Service Partners  
**From:** ECHO Clubhouse  
**Date:** May 22, 2020  
**Re:** Available Clubhouse Services: COVID-19 Update

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ECHO Clubhouse is committed to providing our members with the support services they need through the COVID19 response period. In order to accomplish this, while ensuring we maintain safe practices and reduce risks where possible, we will be adapting some of our delivery methods.

- **Please note that the ECHO staff team will continue to support all members, and will be available by phone, email, and text Monday to Friday 9:30- 4:30PM.**
- We are calling our members with regular check-ins and updates, based on member's preferences and needs. During these conversations, we address physical health, mental health & well-being, including how members are coping and offer support with anxiety, asking about medication supplies and resources, checking in on people's food supplies and offering food hampers when required.
- The ECHO 'IMAGINE' Newsletter has member material but we are always wanting more. Please send your contributions to use so we can include and share them with everyone in the clubhouse.
- **ZOOM groups**  
Staff will be sending out information with dates and email notification to members for upcoming groups/meetings. If you do not have email staff will be contacting with you by phone.
  - **Members Meeting (Thursday June 4 1-2:30) Please note correct date**
  - PositiviTea
  - **Art Group (MAC) (Weekly Friday 12:30-1:30pm)**
  - Games Group
  - Mindfulness
- ECHO staff and management are working diligently on a plan for in-person programming to ensure the Health and Safety for all. The ECHO team will be providing more details regarding in-person programming next week with the first two weeks of the June calendar of programs. The ECHO team understands that it will not look the same as it has in the past but we hope to provide some programs for members to connect with each other in the ECHO clubhouse space. Please connect with ECHO staff if you have any questions regarding this.
- **ECHO PICNIC – SOCIAL DISTANCING:** members have responded that they would like to meet up at the ECHO clubhouse field for a picnic, we will see you on May 29, 12-4. Please see poster attached for more details about signing up ahead of time due to limits on numbers that we can have attend.

**IMPORTANT NOTE:**

Members will be pre-screened for COVID 19 symptoms before they attend the clubhouse and every time they attend the ECHO clubhouse.

**Do you have: fever, cough, muscle aches, difficulty breathing, and gastric symptoms?**

In collaboration with Fraser Health, we will continue to monitor this situation closely and will be providing regular updates on available programming.

**Date of next update:** May 29, 2020

For more information, please contact: Christine Edgecombe 778-991-3637

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