



Edmonds Site Calendar

September 2019 ECHO Program

Room 109-7355 Canada Way, Burnaby, BC V3N 4Z6 Phone: 604-526-9606 Fax: 604-526-7097



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday or Sunday
10 - 4	CLOSED	10 - 4	10 - 4	Community Location	Community
<p>Come join us on September 5th as we celebrate ECHO's 8 years. ECHO PARTY September 25th 3:00 – 8:00 pm At "8" We are Great!!! Come play some pool, enjoy some food, play a board game or sign some Karaoke, well we have fun to celebrating 8 years of ECHO.</p>					<p>1 - Mood Disorders Group 10:30 – 12:30 *TOMMY DOUGLAS LIBRARY*</p>
<p>2 Closed Stat Holiday Labour Day</p>	<p>3 11-4 MAC</p>	<p>4 11:00 Beginner's computers 11-1 Refresh Time 1:30 – 2:30 Outdoor Interactive Games</p>	<p>5 10:00 Meal Prep 12:00 Toonie Lunch *Eggs, Sausages , Hashbrowns & Fruit Salad 1:15 Member's Meeting *All members encouraged to attend; treats!</p>	<p>6 11-4 MAC YA – Evening</p>	
<p>9 CLUBHOUSE CLOSED</p>	<p>10 11-4 MAC</p>	<p>11 CLUBHOUSE CLOSED</p>	<p>12 CLUBHOUSE CLOSED YA – Outing</p>	<p>13 11-4 MAC Power to Be 5:00 – 8:00 Board Game Night!</p>	<p>Mood Disorders Group 10:30 – 12:30 *TOMMY DOUGLAS LIBRARY*</p>
<p>16 11:00 Cooking For ECHO 1:00 Bingo 2:30 ECHO Orientation</p>	<p>17 11-4 MAC CMHA AGM 6:00-8:00pm at Douglas College</p>	<p>18 CLUBHOUSE CLOSED 10-1 11-1 Refresh Time (Please sign up on Freezer) Open at 1pm 1:30 – 2:30 Outdoor Interactive Games 4:15 Ambassador meeting</p>	<p>19 10:00 Meal Prep 12:00 Toonie Lunch * Asian Stir Fry & Rice 2:00 Armchair Travel - (Spain)</p>	<p>20 11-4 MAC Grouse Mountain Member's Outing (Sign up on Freezer) \$5.00 for the day, which includes a snack, please bring your own lunch or money to get lunch. 4:30-6:30 Bowling @ Revs (Free) *Pls note, 1 slice of pizza will be served to those at Rev's before 5:00pm.</p>	
<p>23 CLUBHOUSE CLOSED 10:00-12:30 1:00 Bingo 2:30 ECHO Orientation</p>	<p>24 1 – 4 Leadership Circle</p>	<p>25 CLUBHOUSE OPEN 3:00-8:00PM ECHO Anniversary Party Happy 8 Years!!! </p>	<p>26 *Drop-in Social* 10:00 – 4:00 Drop by for a cup of coffee, pick out a board game, play some cards or pool! 1:30 Actively Artistic (New Leaf Dance 5 – 9pm)</p>	<p>27 11-4 MAC 5 – 8 Movie & Pool Tournament Night @ Edmonds</p>	
<p>30 11:00 Cooking For ECHO 1:00 Bingo 2:30 ECHO Orientation</p>					