



**Canadian Mental
Health Association**
Vancouver-Fraser
Mental health for all

Kirk Sorensen
Volunteer Coordinator
CMHA Vancouver Fraser
[https://vancouver-fraser.cmha.bc.ca/
volunteervf@cmha.bc.ca](https://vancouver-fraser.cmha.bc.ca/volunteervf@cmha.bc.ca)
604-872-4902 EX 253
Fax: 604-872-5934

Children and Youth Programming Volunteer – Abbotsford, BC

MISSION STATEMENT:

As the nation-wide leader and champion for mental health, CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery from mental illness.

DELIVERABLES/DUTIES:

- Assist CMHA staff in providing recreational activities at two BC Housing sites in Abbotsford
- Working with at risk and disadvantaged children and youth aged 5-18 as well as their families, volunteers will assist staff to deliver activities including arts, music, games as well as other educational and mentoring components
- Volunteers are required to be available for at least one shift a week.

QUALIFICATIONS:

- Reliable means of transportation to the Fernview and Cedarhurst housing sites in Abbotsford
- Interest in mental health and illness
- Experience working with people with different backgrounds, cultures or life experiences
- Volunteers should enjoy working with youth and be willing to join in on games and activities
- Must be willing to submit to a Criminal Record Check
- Students in the psychology, recreation, social services, health care, youth or child care or the education fields would be especially interested in this volunteer program

PROGRAM TIMES:

Monday: 3:45-5:15pm
Tuesday: 3:15-4:45pm
Thursday: 2:45-4:15
Friday: 3:15-4:45

APPLY:

Please email/mail/fax a CMHA volunteer application form as well as copy of your resume to:

Kirk Sorensen
volunteervf@cmha.bc.ca
#110-2425 Quebec Street, Vancouver BC V5T 4L6
Fax: 604-872-5934