



# Edmonds Site Calendar

## February 2019 ECHO Program

Room 109-7355 Canada Way, Burnaby, BC V3N 4Z6 Phone: 604-526-9606 Fax: 604-526-7097



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday or Sunday
10 - 4	CLOSED	10 - 4	10 - 4	Community Location	Community
<p><b>Welcome Arietha!</b> 😊 ECHO welcomes Arietha Jack who has now stepped into the ECHO Team-lead position, and will be settling in over the next few weeks!</p> <p><b>Good bye Courtney</b> 😞 ECHO is sad to see Courtney leave her position, and we will miss her and wish her all the best!</p>				1 11-4 MAC	2 - <b>Mood Disorders Group</b> 10:30 – 12:30 *TOMMY DOUGLAS LIBRARY*
4 <b>10:30 Lunar New Year Celebration</b>  1:00 Bingo 2:30 ECHO Orientation 3:30 Tranquil Time	5 11-4 MAC	6 11 Beginner's computers 11:30 ECHO orientation 1:30 <b>Making Valentine's Treats for SPCA Dogs</b> 3:30 Tranquil Time	7 10 Meal Prep 12 Toonie Lunch *Chili dogs & chips* 1:15 <b>Member's Meeting</b> *All members encouraged to attend; treats! 2:00 <b>Goodbye to Courtney!</b> 3:30 Tranquil Time	8 11-4 MAC  5 – 8: Board Game Night	
11 <b>11:00 Cooking for ECHO</b> 1:00 Bingo 2:30 ECHO Orientation 3:30 Tranquil Time	12 11-4 MAC	13 <b>*11am Opening*</b>  10:00-11:00 Tidy Time – <i>only those cleaning may attend. Free brunch: breakfast sandwiches</i> 11 Beginner's computers 11:30 ECHO orientation 1:30 <b>OT Students Present: Self Confidence &amp; Self Love</b> 3:30 Tranquil Time	14 <b>Valentine's Party &amp; Dance</b>   <b>Open from 1:00 – 5:00</b> <b>*Snacks!</b> <b>*Games! *Dancing!</b>	15 11-4 MAC  4:30-6:30 Bowling @ Revs (Free) *Pls note, 1 slice of pizza will be served to those at Rev's before 5:00pm	16 - <b>Mood Disorders Group</b> 10:30 – 12:30 *TOMMY DOUGLAS LIBRARY*
18  Closed Stat Holiday	19 11-4 MAC	20 11 Beginner's computers 11:30 ECHO orientation 1:30 <b>Pictionary</b> 3:30 Tranquil Time	21 <b>*Drop-in Social*</b> 10:00 – 4:00  Drop by for a cup of coffee, pick out a board game, play some cards or pool!	22 11-4 MAC  5 – 8 Movie & Pool Tournament Night @ Edmonds	
25 <b>11:00 Cooking for ECHO</b> 1:00 Bingo 2:30 ECHO Orientation 3:30 Tranquil Time 5:30 <b>Vocational Lounge</b>	26 <b>Site Closed: NVC Training</b>  1 – 4 Leadership Circle @ Gilmore	27 11 Beginner's computers 11:30 ECHO orientation 1:00 <b>Creative Writing</b> 3:30 Tranquil Time	28 <b>*Drop-in Social*</b> 10:00 – 4:00  Drop by for a cup of coffee, pick out a board game, play some cards or pool!  1:30 Actively Artistic		

**\*With the staffing transition that will be occurring over the next month or so, we ask for your patience as we dial back a few programs to ensure we are able to stay fully engaged and present with our members. Thanks for your understanding!\***