



Monday	Tuesday	Wednesday	Thursday	Friday
July 30	July 31	1	2	3 YA OPEN LOUNGE - SNACKS & HANGOUTS - 5-8pm at Edmonds Clubhouse *Free
6	7	8	9	10 CMHA 's Annual BBQ Central Park Picnic Area #1 1230-230PM * Not a YA only event
13	14 YA OUTDOOR GAMES - VOLLEYBALL! - 5-8pm at Edmonds Clubhouse *Free	15	16	17 BOWLING @ REVS 4:30-6:30pm (Free) *Please note, 1 slice of pizza will be served to those at Rev's before 5:00pm. * Not a YA only event
20 VOCATIONAL LOUNGE 530-730pm At Edmonds * Not a YA only event	21 YA COMMUNITY OUTING - PNE! - 1030am-4pm (Meet at Edmonds Station at 1030AM) *6 spots **Please RSVP by August 17 th	22	23 DEER LAKE PARK PICNIC *Toonie Lunch! (noon) *Kayaking! *Outdoor games! *Nature walk! If it rains, we will be 10 – 4 at Edmonds! * Not a YA only event	24 STAND UP FOR MENTAL HEALTH COMEDY SHOW 5-8pm At Edmond *\$4, sign-up with staff * Not a YA only event
27	28 YA PRESENTATION & DIALOGUE: - SEX: POSITIVITY AND HEALTH - 5-8pm at Edmonds Clubhouse *Free	29	30	31 BOARD GAME NIGHT 5-8pm At Edmonds * Not a YA only event

SEE DETAILS OF ALL EVENTS AND PROGRAMS ON THE SECOND PAGE!

YOUNG ADULT OPEN LOUNGE

- **5-8pm at Edmonds Clubhouse**
- We are getting together to enjoy some fun- pool, board games, music, and chatting.
- No sign-up required, just drop in and enjoy!
- Snacks served around 6pm

YOUNG ADULT OUTDOOR GAMES

- VOLLEYBALL! (equipment for other games will also be available)
- **5-8pm at Edmonds Clubhouse** (outside)
- *Free

YOUNG ADULT COMMUNITY OUTING

- PNE! (Free Gate Admission between 11AM-1PM)
- **1030am-4pm (Meet at Edmonds Station at 1030AM)**
- ***Please RSVP by August 17th**
- **6 spots
- ***Joint outing with New Leaf Clubhouse
- ****Please be prepared for the weather (e.g. sunscreen, water), and bring money for food et cetera

YOUNG ADULT PRESENTATION AND DIALOGUE

- SEX: POSITIVITY AND HEALTH!
- **5-8pm at Edmonds Clubhouse**
- *Guest Facilitator – Teela Hudak from ‘Explore Sex Talk’
- **Will focus on diverse topics related to sexuality and sexual health in a safe, fun environment!
- ***Free

Need to contact ECHO?

Young Adult contact phone: 778-986-3039

Edmonds (604) 526-9606
109 - 7355 Canada Way

Gilmore (604) 291-8846
501- 4190 Lougheed Hwy (5 min walk from Gilmore Skytrain)

Check out our website: <http://vancouver-fraser.cmha.bc.ca/echo>

**WANT MORE YA PROGRAMS? CHECK
OUT THESE OTHER OPPORTUNITIES FOR
YOU TO CONNECT**

Join Dave at New Leaf Clubhouse for his
Young Adult Program
every Thursday 2-7pm

*Please note that New Leaf Clubhouse August
2018 Programming will be on Tuesdays

Contact Dave for details 778-938-7135

New Leaf Clubhouse: 1113 6th Ave, New
Westminster