



ECHO'S YOUNG ADULT PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5 YA OPEN LOUNGE - SNACKS & HANGOUTS - 5-8pm at Edmonds Clubhouse *Free
8 ECHO Closed Stat Holiday Thanksgiving	9 COMMUNITY KITCHEN 5-8pm at Edmonds Clubhouse - CHILI & BISCUITS - *Free ** <u>Please RSVP by Oct. 7th</u>	10	11	12 BOARD GAME NIGHT 5-8pm at Edmonds Clubhouse * Not a YA only event
15 VOCATIONAL LOUNGE 530-730pm at Edmonds Clubhouse * Not a YA only event	16 CREATIVE EXPRESSIONS 5-8pm at Edmonds Clubhouse -HALLOWEEN BATH BOMBS- *Free ** <u>Please RSVP by Oct. 14th</u>	17	18	19 BOWLING @ REVS 4:30-6:30pm (Free) *Please note, 1 slice of pizza will be served to those at Rev's before 5:00pm. * Not a YA only event
22 WAKE UP YOUR WELLNESS 1030-315	23 BOARD GAME NIGHT: "MURDER MYSTERY" 5-8pm at Edmonds Clubhouse *Free ** <u>Please RSVP by Oct. 19th</u> ***6 spots	24 WAKE UP YOUR WELLNESS 1030-315	25 ECHO Closed CMHA Staff Training	26 MOVIE AND POOL TOURNAMENT NIGHT 5-8pm at Edmonds Clubhouse * Not a YA only event
29	30	31 ECHO HALLOWEEN PARTY 4:00 – 8:00 \$2 DINNER AT 4:30 * Not a YA only event	November 1	November 2 YA OPEN LOUNGE - SNACKS & HANGOUTS - 5-8pm at Edmonds Clubhouse *Free

SEE DETAILS OF ALL EVENTS AND PROGRAMS ON THE SECOND PAGE!

YOUNG ADULT OPEN LOUNGE

- **At Edmonds Clubhouse 5-8pm**
- We are getting together to enjoy some fun- pool, board games, music, and chatting.
- No sign-up required, just drop in and enjoy.
- Snacks served around 6pm
- FREE

YOUNG ADULT COMMUNITY KITCHEN

- **At Edmonds Clubhouse 5-8pm**
- Learn how to make an easy dinner
- Everyone helps out, and then enjoy the amazing food we make together.
- This month, *CHILI & BISCUITS* are on the menu!
- ***Please RSVP by October 7th**
- FREE

YOUNG ADULT CREATIVE EXPRESSIONS

- **At Edmonds Clubhouse 5 - 8pm**
- Evening run by Tricia (our amazingly talented Member Leader)
- *HALLOWEEN BATH BOMBS*
- ***Please RSVP by October 14th**
- FREE

GAME NIGHT: MURDER MYSTERY 'A TASTE FOR WINE & MURDER'

- **At Edmonds Clubhouse 5 - 8pm**
- 'Murder's on the menu, and everyone's a suspect in this board game!'
- ***Please RSVP by October 19th**
- ****6 Spots**
- FREE

Need to contact ECHO?

Young Adult contact phone: 778-986-3039

Edmonds (604) 526-9606
109 - 7355 Canada Way

Gilmore (604) 291-8846
501- 4190 Lougheed Hwy (5 min walk from Gilmore Skytrain)

Check out our website: <http://vancouver-fraser.cmha.bc.ca/echo>

WANT MORE YA PROGRAMS? CHECK OUT THESE OTHER OPPORTUNITIES FOR YOU TO CONNECT

Join Dave at New Leaf Clubhouse for his
Young Adult Program
every Thursday 2-7pm

Contact Dave for details 778-938-7135
New Leaf Clubhouse: 1113 6th Ave, New
Westminster