



Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2 Site Closed: Staff attending Clubhouse Learning Exchange	3 7 th Annual Walk for Mental Health at Deer Lake Park! Registration at 10:30am	4 YA OPEN LOUNGE 5-8pm at Edmonds Snacks and hangouts.
7	8 YA COMMUNITY KITCHEN 5-8pm At Edmonds Quesadillas!	9	10	11 BOARD GAME NIGHT 5-8pm At Edmonds * Not a YA only event
14	15 YA CREATIVE EXPRESSIONS 5-7pm At Edmonds Create Your Own Custom Ring! (2\$ Cost)	16	17	18 BOWLING @ REVS 4:30-6:30pm (Free) *Please note, 1 slice of pizza will be served to those at Rev's before 5:00pm. * Not a YA only event
21 Site Closed: Stat Holiday Victoria Day	22 BEGINNERS POKER NIGHT 5-8pm At Edmonds Spend an evening learning the game and having fun!	23	24	25 SPRING FLING 5-8pm At Edmonds Dress Up and Dance On! * Not a YA only event
28 VOCATIONAL LOUNGE 530-8pm At Edmonds Food served! * Not a YA only event	29	30	31	June 1 YA OPEN LOUNGE 5-8pm at Edmonds Snacks and hangouts.

SEE DETAILS OF ALL EVENTS AND PROGRAMS ON THE SECOND PAGE!

YA OPEN LOUNGE

- **At Edmonds 5-8pm**
- We are getting together to enjoy some fun- pool, board games, music, and chatting.
- No sign-up required, just drop in and enjoy.
- Snacks served around 6pm

YA COMMUNITY KITCHEN

- **At Edmonds 5-8pm**
- Learn how to make an easy dinner
- Everyone helps out, and then enjoy the amazing food we make together.
- Cost is FREE
- This month, QUESADILLAS are on the menu!
- **Please RSVP to Shakeel if coming so he can buy enough food!**

YA CREATIVE EXPRESSIONS

- **At Edmonds 5 - 7:00pm**
- Evening run by Tricia, our amazingly talented Member Leader!
- CUSTOM MADE RINGS
- 2\$ Cost

YA BEGINNERS POKER NIGHT

- **At Edmonds 5-8pm**
- Come on out and learn to play poker
- No money involved at all - just a lot of fun!

Need to contact ECHO?

Young Adult contact phone: 778-986-3039

Edmonds (604) 526-9606
109 - 7355 Canada Way

Gilmore (604) 291-8846
501- 4190 Lougheed Hwy (5 min walk from Gilmore Skytrain)

Check out our website: <http://vancouver-fraser.cmha.bc.ca/echo>

**WANT MORE YA PROGRAMS? CHECK
OUT THESE OTHER OPPORTUNITIES FOR
YOU TO CONNECT**

Join Dave at New Leaf Clubhouse for his
Young Adult Program
every Thursday 2-7pm

Contact Dave for details 778-938-7135
New Leaf Clubhouse: 1113 6th Ave, New
Westminster