



# Gilmore Site Calendar

## May 2018 ECHO Program

Room 501- 4190 Lougheed Hwy., Burnaby, BC V5C 6A8 Phone: 604-291-8846 Fax: 604-291-8879



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday or Sunday
10 - 4	10 - 4	By Appointment Only	1 - 4	10 - 4	Community Location
	1 <b>Closed</b>	2 By Appointment Only	3 <b>7<sup>th</sup> Annual Walk for Mental Health at Deer Lake Park</b>  <b>Registration 10:30am</b>	4 <b>Closed</b>	5 <b>Mood Disorders Group</b> 10:30-12:30 *TOMMY DOUGLAS LIBRARY*
7 <b>Closed</b>	8 <b>Closed</b>	9 By Appointment Only	10 <b>Open 1 - 4</b>	11 <b>Open 10 - 4</b>  5:00 - 8:00 Board Game night at Edmonds	
14 <b>Closed</b>	15 <b>Closed</b>	16 <b>Open 10 - 4</b>	17 <b>Open 1 - 4</b>	18 <b>Open 10 - 4</b>  4:30 - 6:30 Bowling @ Revs (Free) *Pls note, 1 slice of pizza will be served to those at Rev's before 5:00pm	19 <b>Mood Disorders Group</b> 10:30-12:30 *TOMMY DOUGLAS LIBRARY*
21 <b>Closed</b>  Stat Holiday  Victoria Day	22 <b>Closed</b>	23 <b>Open 1 - 4</b>	24 <b>Closed</b>  Only open for those attending: Ambassador Training 11:30 - 3:30	25 <b>Closed</b>  5 - 8 Spring Fling! Dress up & dance on!	
28 <b>Closed</b>  5:30 Vocational Lounge at Edmonds	29 <b>Closed</b>	30 <b>Closed</b>	31 <b>Open 1 - 4</b>	<b>Note: For the month of May, we are open some Wednesdays instead of Tuesdays. As always, thanks for your understanding and cooperation!</b>	

### Ambassador Training – Thursday May 24<sup>th</sup>

Are you someone looking to take on more volunteer duties and give back to ECHO? Are you interested in welcoming new members by providing orientations? Let staff know if you are interested in taking the training to become an ECHO Ambassador!