



Canadian Mental
Health Association
Vancouver-Fraser
Mental health for all

CUSTOMIZED EMPLOYMENT SERVICES

Are you looking for work and need some extra help to find a job?

Customized employment services provides a full range of supports that help you find job opportunities based on your individual needs, strengths and interests! We can:

- Help you set employment goals and find training opportunities
- Provide support with job search, resume and interview preparation
- Work directly with employers to help with the hiring process or to develop a job that better meets your needs

Once you are working, we can also provide supportive coaching to help you meet your goals and achieve ongoing workplace success.

Customized employment services are provided by the Canadian Mental Health Association Vancouver-Fraser Branch and we work with people with lived experience with mental health and/or substance concerns.



If you have questions or want to find out more please contact us:

E-mail: sesinfo@cmha.bc.ca

Phone: 604-872-4902

Customized Employment Services is a partnership between Canadian Mental Health Association Vancouver-Fraser Branch and the YWCA of Vancouver.